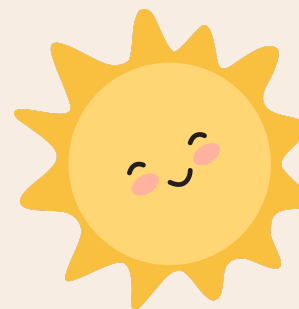




Register for programs:
survivingbreastcancer.org/events



AUGUST 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
#TakeAHike registration is now open! Sign up today and get ready to hike or walk with us on October 25! https://givebutter.com/c/wdQlj2			Creativity Reset Challenge: August 4-8! Sign up to receive daily prompts and inspiration to keep your creativity flowing. At the end of the week, submit your favorite creation for our Creativity Reset Celebration!		1	2
3 Breast Cancer Book Club	4 Meditation Reflection Artistic Expression	5	6	7 Thursday Night Thrivers Meetup: Early Stage Thursday Night Thrivers Meetup: MBC	8 Pilates Creativity Reset Celebration	9
Creativity Reset Challenge: August 4-8!						
10	11 Meditation Reflection Expressive Writing	12 Triage Cancer webinar	13 New! MBC Community Conversation	14 Thursday Night Thrivers Meetup: All Stages Thursday Night Thrivers Meetup: IBC	15 Pilates Reflective Writing for MBC	16
17	18 Meditation Reflection Restorative Yoga	19 Triage Cancer webinar Caregiver Huddle	20 Hypnosis	21 Thursday Night Thrivers Meetup: Early Stage Thursday Night Thrivers Meetup: MBC	22	23
24	25 Meditation Reflection Reiki Circle	26 New! MBC Radical Remission Info Session	27	28 Thursday Night Thrivers Meetup: All Stages	29	30
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